

| TITLES | EXPLANATIONS |
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| Title of Course | Psychology of Attachment |
| Code of Course | PSK 444 |
| Type of Course | Elective |
| Level of Course | Undergraduate |
| Year of Study | 4 |
| Semester/Trimester | 7 or 8 |
| Number of ECTS | 4 |
| Name of Lecturer(s) | Prof. Dr. Nesrin Hisli Şahin |
| Course Learning Outcomes | <p>After taking this course the students are expected to;</p> <p>LO1. Learn about the historical roots, research and assessment methods of attachment.</p> <p>LO2. Discuss the importance of the relationship between the care-giver and the infant in terms of "normal" and "abnormal" brain and personality development.</p> <p>LO3. Differentiate between the similarities and differences of childhood and adulthood attachment behavior.</p> <p>LO4. Understand the relationship between attachment and physical and psychological health.</p> <p>LO5. Learn about the different ways attachment theory can be used in psychological interventions.</p> |
| Mode of Delivery | The style of teaching is face-to-face interaction. |
| Prerequisites and Co-requisites | There is no prerequisite or co-requisite for this course. |
| Recommended Optional Programme Component | None |
| Course Contents | <ol style="list-style-type: none"> 1. Historical Roots and Theories of Attachment 2. Attachment in Infancy and Childhood 3. Attachment in Adolescence and Adulthood 4. Assessment Methods in Attachment 5. Psychopathology and Clinical Applications of Attachment Theory and Research 6. The Dyadic Interaction between the Caregiver and the Infant 7. The Impact of Dyadic Interaction on the Brain 8. Psychodynamic Levels of Mental Organization 9. Dysregulation and Misattunement in the Dyadic Interaction 10. Disorders in Neuroaffective Development 11. Neuroaffective Developmental Symptom Descriptions 12. Limbic Exchange: Treatment Effect across Therapeutic Approaches 13. Intervention and Neuroaffective Developmental Psychology 14. Intervention Within a Dynamic System: Family and Environmental Therapy |
| Recommended or Required Reading | <p>(Primary Textbook)</p> <p>Cassidy, J., & Shaver, P. R. (2008). <i>Handbook of attachment: Theory, research and clinical applications</i>. NY: The Guilford Press.</p> <p>(Suggested References)</p> <p>Hart, S. (2011). <i>The impact of attachment</i>. NY: Norton & Company Inc.</p> <p>Cozzolino, L. (2006). <i>The neuroscience of human relationships: Attachment and the developing social brain</i>. NY: Norton & Company Inc.</p> <p>* The primary textbook for this course is renewed every year.</p> |
| Planned Learning Activities and Teaching Methods | This course is conducted through discussions on the material presented in class and over the compulsory reading material. With this aim in mind, (a) regular lectures supported by visual presentations and (b) class discussions are used. These class discussions are designed in such a way to help students develop critical thinking skills and apply the different psychological perspectives to the material being presented. |
| Assessment Methods and Criteria | 1 Midterm, 4 Quizzes, 1 Final Exam |

Language of Instruction Turkish

Practicum None

| Program Outcomes | Course Learning Outcomes | | | | |
|--|---------------------------------|-----|-----|-----|-----|
| | LO1 | LO2 | LO3 | LO4 | LO5 |
| Analyze problems with the scientific method and appropriate scientific tools. | X | | | | |
| Think critically and creatively, ask questions, make comments using the knowledge and skills they have acquired. | X | X | | X | X |
| Develop a positive attitude toward life-long education. | | | | | |
| Use the library, scientific databases, internet and other sources effectively. | | | | X | X |
| Have the skills to find out, analyze, evaluate, decide about, and apply the alternative solutions to problems. | | X | X | X | X |
| Be open-minded to use knowledge stemming from different disciplines and/or areas of psychology. | | X | X | | X |
| Develop a positive attitude toward critical thinking. | | | | | |
| Have advanced theoretical and applied knowledge of psychology supported by contemporary course material. | X | X | X | | X |
| Have the necessary knowledge and skills to analyze and synthesize the main areas of psychology. | | X | X | | X |
| Be competent in English and Turkish. | | | | | |
| Use effective methods to present, share and discuss scientific information. | | | | | |
| Be able to write scientific papers by using international manuals such as APA. | | | | | |
| Show courage and use the necessary skills to propose solutions to the problems of the world they live in. | | | | | X |
| Show courage and have necessary skills to propose solutions to the problems of their own life. | | | | | X |
| Have a positive attitude to statistics and be able to use common statistical software packages. | | | | | |
| Be able to plan and conduct research independently. | | | | | |
| Apply qualitative and/or quantitative methods depending on the nature and the scope of a given problem. | | | | | |
| Know the research methods and statistical procedures used in behavioral sciences. | | | | | |
| Use tools such as questionnaires, inventories, scales, and tests. | | | | X | |
| Apply psychological knowledge to other problem areas for community welfare. | | | | | |
| Use theoretical and applied knowledge in accordance with ethical standards. | | | | | |